

GRAINAU TRAIL



Distanz
Distance

► 16 KM

Aufwärts
Ascent

▲ 760 M

Abwärts
Descent

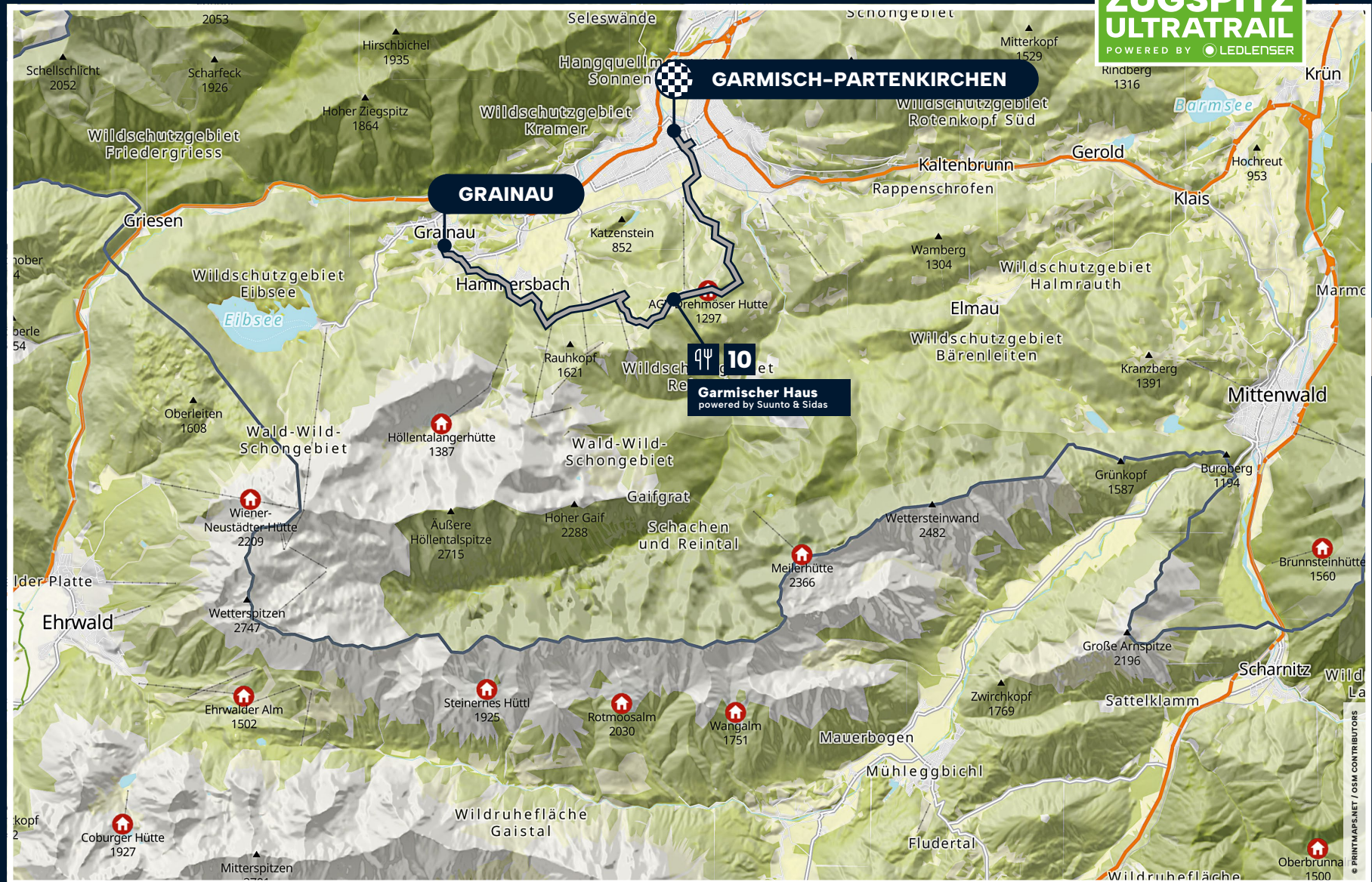
▼ 810 M

Start

15. Juni 2024

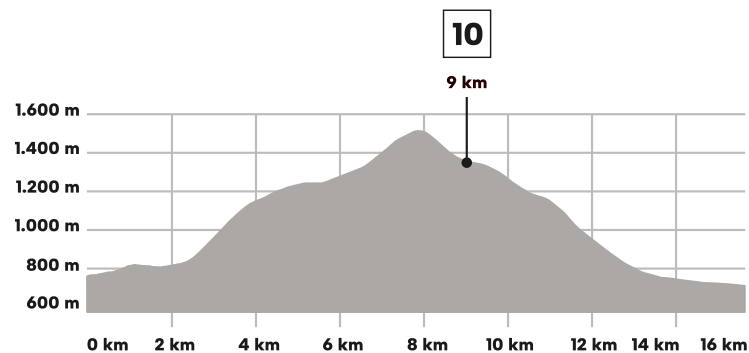
12 Uhr

Grainau



GRAINAU TRAIL

SALOMON



	Course / Waypoints	Altitude (m)	Ascent (m)	Descent (m)	Distance (km)	To go (km)	Time fast	Time slow	Time limit
1	Start: Grainau	750	0	0	0,00	16,00	12:00	12:00	-
2	Hammersbach	790	60	20	2,30	13,70	12:09	12:24	-
3	Waldeck	980	410	20	4,50	11,50	12:25	13:27	-
4	Tröglift Bergstation	1.485	760	30	8,00	8,00	12:44	14:14	-
5	10 Garmischer Haus	1.275	760	170	9,00	7,00	12:54	14:45	14:45
6	Hausberg Talstation	730	760	780	14,00	2,00	13:08	15:27	-
7	Finish: Garmisch-Partenkirchen	700	760	810	16,00	0,00	13:16	15:50	16:00



**Medical Info Hotline
Withdrawal from race**

+49 151 55010148

EU emergency number

112

**#ZUT2024
JUNE 13-15**