



▶ 29 KM

▲ 1.440 M

▼ 1.440 M

ITRA – 2

Garmisch-Partenkirchen



GARMISCH- PARTENKIRCHEN TRAIL

SALOMON

 **LEDLENSER**

 **SUUNTO**

 **orthomol sport**

LEKI

SIDAS
YOUR FOOT COMPANY

snowline SPIKES

Garmisch-Partenkirchen

PLAN B
WE SHARE YOUR PASSION



	Course / Waypoints	Altitude (m)	Ascent (m)	Descent (m)	Distance (km)	To go (km)	Time fast	Time slow	Time limit
1	Start: Garmisch-Partenkirchen	700	0	0	0,00	28,50	10:00	10:00	-
2	Partnachalm	990	290	0	5,50	23,50	10:28	10:56	-
3	8 Laubhütte	980	370	90	8,50	20,00	10:42	11:24	11:30
4	9 Hochalm	1.700	1.100	90	13,50	15,00	11:17	13:02	13:10
5	Osterfelder	2.025	1.400	90	15,50	13,00	11:42	13:50	-
6	10 Garmischer Haus	1.275	1.440	810	23,50	7,00	12:12	15:15	15:30
7	Hausberg Talstation	730	1.440	1.420	26,50	2,00	12:27	16:15	-
8	Finish: Garmisch-Partenkirchen	700	1.440	1.450	28,50	0,00	12:35	16:35	17:00



**Medical Info Hotline
Withdrawal from race**

+49 151 55010148

EU emergency number

112

**#ZUT2024
JUNE 13-15**